

Isle of Wight Branch

Issue N° 6 Spring 2004

President Mrs Gloria Minghella

COLD
MOUNTAIN
SPECIAL!!!



Geraldine Watling (Chairman) with Director Anthony Minghella

ISLAND PREMIERE A GRAND SUCCESS!!

On Sunday 4th January 2004, the Isle of Wight premiere of Anthony Minghella's latest film Cold Mountain took place at the Medina Theatre in Newport. The evening was the latest in a series organised by Anthony Minghella's mother Gloria, in order to raise funds and awareness for the Motor Neurone Disease Association. Anthony generously allowed this film and previous hits such as The Talented Mr Ripley to be shown at such Isle of Wight Premiere's in order to help the Island Branch of which Mrs Minghella is President.

The black tie event was a great success, featuring a drinks and buffet reception; the film was followed by a questions and answer session with the director himself. All the tickets for the evening were sold out and people were generous in their participation in the raffle that was drawn during the evening.

The grand total raised during the evening was a phenomenal £24,000!!!!

The funds raised were split three ways: one third to the Island Branch to help support Island people living with MND, one third to the Earl Mountbatten Hospice and one third to MNDA Head Office to help with the research working to find a cure for this disease.

A great deal of hard work went into the organisation of such an evening. Mrs Minghella worked extraordinarily hard organising the venue, liaising with the film's distribution company, arranging sponsors for the evening and overseeing a thousand and one jobs that needed to be done. The day before the premiere she was able to estimate that she received over 90 telephone calls!!

Other Branch committee members also helped out. Mona Di Felice spent many hours putting together Goody Bags received by all guests. Other members sold raffle tickets to our guests and organised the distribution of prizes to the lucky winners.



Lucy & Ann selling raffle tickets

- Note all the money in the basket!!
- Thanks to all those who bought tickets!

Isle of Wight businesses also showed their support for the evening by donating generously either towards the reception or the raffle. Many thanks to all of the sponsors! A special thankyou to the support received from Liz Earle Ltd for the raffle prize, goody bags and the hours of time provided by Mimi Quaife who assisted Gloria in liaising with sponsors.



Prizes included:

- Hamper of Liz Earle goodies
- Fruit Hamper
- Microwave Oven
- Gift Vouchers for meals and products
- Books
- Pictures
- IOW Glass
- Flowers
- Weekend Away

EIGHTH ANNUAL GENERAL MEETING

Wednesday 17th March 2004

The 8th AGM for the Island Branch took place on 17th March at the Riverside Centre, Newport. Before the AGM commenced at 7pm we had wine and canapés to thank the sponsors that supported the Cold Mountain Island Premiere. Then cheques were presented to the Island Chairperson Geraldine Watling, Julie Clifton from Earl Mountbatten Hospice and a representative from MNDA head office.

The formal part of the evening then got underway. Geraldine has kindly agreed to continue in the role of Chairperson until we find a new, permanent Chairperson to take over the reins.

The final part of the evening was an informative and interactive talk given by our Speaker for the evening, crime writer Mia Trow. Mr Trow is an Island based author who has written a number of crime-related novels and non-fictional books. His most recent series features a teacher who solves murders in his spare time. During his talk we were asked to work through how we would go about committing a murder. Our audience was surprisingly inventive. However we soon realised that no matter how inventive you are it is very difficult to get away with it!!!



FIGHTING MOTOR NEURONE DISEASE

Dates for your diary 2004

We will be fundraising & raising awareness in the following locations throughout the year:

May 2004:

- Walk the Walk – Sunday 16th May

June 2004:

- Barton Manor – Sunday 6th June
- Sainsbury's Store Collection
- Friday 18th & Saturday 19th June

July 2004:

- Barton Manor – Sunday 4th July
- Marks & Spencer's Store Collection
– Friday 30th & Saturday 31st July

August 2004:

- Barton Manor – Sunday 1st August
- Tesco's Store Collection
- Friday 20th & Saturday 21st August

September 2004:

- Barton Manor – Sunday 5th September
- Safeway's Store Collection, Newport
– Friday 10th & Saturday 11th September

October 2004:

- Safeway's Store Collection, Lake
- Friday 8th & Saturday 9th October

Do come along & support us if you can!



Herb Garden Remedies

TEA TREE or TI TREE

Malaleuca alternifolia – an extremely hardy tree with amazing powers of regeneration, when cut down it will quickly grow again from its original stump. Native only to Australia, but other varieties have been cultivated elsewhere. It has needle like leaves with heads of yellow or purplish flowers.

The oil is obtained by steam distillation from the leaves and twigs. The liquid may be pale yellow or almost colourless with a powerful medicinal odour.

This oil is unusual in that it is active against all three categories of infectious organisms – bacteria, fungi and viruses. A powerful immuno-stimulant, so when the body is threatened by any of these organisms, Tea tree increases its ability to respond. Could be an irritant to sensitive skins, but at all times must be used well diluted.

The name Tea tree originates from the time Captain Cook landed in Australia, and his men who had no tea to drink, made a type of herbal tea prepared from the leaves.

This tree has been used by the Aborigines for centuries in their medications. Being highly antiseptic and with a wide range of applications, it is thought to be 100 times more powerful than carbolic acid yet non-poisonous to human beings.

Valuable against colds, coughs, catarrh and other respiratory conditions, and very effective treatment for cold sores, veruccae and insect bites and in skin washes for acne. It is also used to treat ringworm and athletes foot. Its immuno-stimulant effect is especially useful in debilitating illnesses such as glandular fever, and for people who are slow to recover from illness.

Generally found in soaps, toothpastes, deodorants, gargles, disinfectants, germicides and increasingly in aftershaves and spicy colognes.

The Encyclopaedia of Essential Oils by
Julia Lawless
And other research

USEFUL CONTACTS

Local Help Line: 01983 873074

**Branch Contact – Committee
Secretary**

Tessa Granger: 01983 760305
The Dairy Barn
Station Rd, Ningwood

National Help Line: 08457
626262

Weekdays 9.00am to 5.00pm,
7.00pm to 10.30pm

Saturday & Sunday: 10.00am to
6.00pm

MNDA Regional Care Advisor

–
Jean Covington: 01722 782742

Registered Office: Motor Neurone Disease
Association, David Niven House, 10-15 Notre
Dame Mews,
Northampton, NN1 2BG, Telephone: 01604
250505, Registered charity number: 294354



FIGHTING MOTOR NEURONE DISEASE

The Thumbs Up sign represents David Niven's last defiant gesture. It remains our symbol of hope.