

## Dates for your Dairy

### Store Collections

Fri 11<sup>th</sup> & Sat 12<sup>th</sup> May 2007 @ Tesco – Ryde  
Fri 15<sup>th</sup> & Sat 16<sup>th</sup> June 2007 @ Marks & Spencer – Newport  
Fri 6<sup>th</sup> & Sat 7<sup>th</sup> July 2007 @ Morrisons – Lake  
Fri 10<sup>th</sup> & Sat 11<sup>th</sup> August 2007 @ Sainsbury's – Newport  
Fri 7<sup>th</sup> & Sat 8<sup>th</sup> Sept 2007 @ Morrisons – Newport

### FUND RAISING EVENTS

**Barton Manor**  
3<sup>rd</sup> June 2007 – Italian National Day  
15<sup>th</sup> July 2007 – French Day  
16<sup>th</sup> September 2007 – Fashion & Beauty  
21<sup>st</sup> October 2007 – Christmas Fayre

**St. Georges Day @ Northwood Park – Cowes**  
22<sup>nd</sup> April 2007

**Antiques & Collectors Fair**  
**Northwood House – Cowes**

14<sup>th</sup> October 2007

**Island Helpline:**  
**07922 123416**

National Helpline: 0845 7626262

e.mail: [helpline@mndassociation.org](mailto:helpline@mndassociation.org)

Website: [www.mndassociation.org](http://www.mndassociation.org)

Local IOW Website: [www.mndiw.org.uk](http://www.mndiw.org.uk)

Branch Secretary - Maureen Martinez

email: [secretarymnd@yahoo.co.org](mailto:secretarymnd@yahoo.co.org)



Registered Office: Motor Neurone Disease Association, David Niven House, 10-15  
Notre Dame Mews,

Northampton, NNI 2BG, Telephone: 01604 250505, Registered Charity  
Number: 294354

*Providing support and information  
for people with MND and their carers*

**MOTOR  
NEURONE  
DISEASE  
ASSOCIATION**

# NEWSLETTER

**Spring 2007**

Welcome at last to the new format Newsletter. It has been some time since a newsletter has been produced, but we hope you will enjoy reading all the news and information contained in what we hope will be a regular publication.

Quite a lot has happened since last summer and through this edition we would like to bring you up to speed on what has been happening in the Isle of Wight Branch of the Motor Neurone Disease Association, including fund raising events, social occasions and finally our plans and calendar of events for the months to come.

If anyone would like to contribute to future editions, we would be pleased to hear from you with ideas for fundraising, future events, photographs of current activities and events etc.

### Opening of the Possum Room at the Hospice

This wonderful room is now finished and fully functional, and deemed a great asset by all those who use it. It is hoped that the room will be officially opened later in the spring followed by a gala dinner, where we hope we can continue to boost the funds much needed for our very worthy cause.

**Watch this space for the opening date!!!!!!**

### Anthony Minghella's Island Premier of BREAKING AND ENTERING November 17 at Medina Theatre

On a wet, windy and very wild night, the brave and hearty ventured out to support the gala screening of Anthony Minghella's film "Breaking & Entering". The evening commenced with a drinks reception and after the screening of the film there followed a "question and answer" session with the director. The film premier and reception raised £5,930, which included the proceeds of the raffle. A huge thank you to all the sponsors.

### Belvedere Hotel Bottle Collection

There has been a collection bottle on the bar of this hotel for the past year. On 13<sup>th</sup> December the committee attended the emptying and counting of the monies, which have been very kindly and generously donated to the Motor Neurone Disease Association by the guests and patrons of the hotel, Sue Hill and Chris McDonald – to whom we offer our grateful thanks for their generosity.

### Belvedere Hotel Christmas Dinner

The committee and friends enjoyed a very festive evening at the Belvedere Hotel the following week. Served with traditional fare, everyone thoroughly enjoyed the entertainment that followed in the form of a singer, magician and finally a comedian. The proceeds from the raffle added to the Bottle Collection and individual donations, raised a total of £1000 towards the Motor Neurone Disease Association funds.



**FIGHTING MOTOR NEURONE DISEASE**

### "Thumbs Up Rose"

Peter Beales nursery in Norfolk have introduced a yellow shrub rose called "Thumbs Up" and 10% of all sales are to be donated to the Association over the next three years. An unusual, but charming rose, large fully double scented flowers of soft yellow with pastel pink stripes as if painted with a brush. The blooms are freely produced in clusters all summer through. Growth, vigorous, bushy and slightly arching, making it a shrub rose which can easily be adopted as a climber. Size 1.6m x 1.2m. Priced at £12.00 (excluding delivery), the rose can be ordered direct from:-

Peter Beales Roses, London Road,  
Attleborough, Norfolk, NR17 1AY. Tel: 01953  
454707 Fax: 01953 456845  
[info@peterbealesroses.co.uk](mailto:info@peterbealesroses.co.uk)  
[www.peterbealesroses.co.uk](http://www.peterbealesroses.co.uk)

### MND – "JOHNS JOURNEY"/LIFE GOES ON

"**Johns Journey**" told the courageous story of John Bell who was diagnosed with MND in March 2001. Together with his wife and young family, they allowed us into their lives to experience life with MND and to increase the understanding of MND and to support vital work for the MND Association. It is therefore with great sadness that we report that John passed away on the 10<sup>th</sup> February 2007 – aged 32 years. It was an extraordinary journey which he bore most courageously and we pay tribute to him and his family.

"**Life Goes On**" – The Campaign which was launched in October 2006, and follows on from the remarkable "Johns Journey" continues to raise awareness of MND. Posters featuring the lives of Brian, Rosie and Esther appear in the London Underground. The posters shock people into awareness of MND, but also highlights how each of these individuals are living their lives to the full.

### CD Project

Leading up to Christmas, a trio from West Wight recorded and produced a festive CD on which they played and sang Christmas songs and carols. These were sold at various events, including the film premier in November and raised a total of £1800, which was divided between the Motor Neurone Disease Association and Beaulieu House, Newport. An enormous thank you to Bob, George and Georgina for their wonderful, talented gesture – we are truly grateful for their support and all those who purchased a copy. Bob will be presenting a cheque to our Island Branch at the AGM, on Wed 14 March 2007.

### Spring Conference 20<sup>th</sup> May 2007,

#### **Basingstoke.**

The Spring Conference is a wonderful opportunity to chat informally and meet other people interested in MND. They focus on current news both within care and research. Aimed primarily at people with MND and their carers, and are free for them, but all are welcome. Previous attendees have said "I gained a greater understanding of the disease and reassurance on living with MND". Why not have a day out, enjoy lunch and meet other people. If you are interested then please call the local HELPLINE. Last year, Committee Member Lucy Abel together with Lena Parkes (Staff Nurse) attended the **Professionals Meeting** on 27<sup>th</sup> June, the NEC in Birmingham 2006 and brought back very positive feedback regarding continuing research into the disease.

### Open Day and Memorial Service at the Crematorium

On May 13<sup>th</sup>, the Crematorium was the venue of an open day for visitors to tour the grounds and premises. All those who attended were quite fascinated and pleasantly surprised at the daily routine and the running of this local service.

This was followed by a very moving Memorial Service, held in the Chapel, for all those who had lost someone close to them. £146.29 was raised towards the Motor Neurone Disease Association through the tea and cake stand and the generous donations given. Thank you to Iain Donald and his team at the Crematorium.

### JASMINE

Jasminum officinale or grandiflorum is a vigorous climbing plant with small single delicate trumpet shaped flowers, yellow or white, and has small narrow mid green leaves. The flowers have a powerful heady fragrance. Native to India, China, France, Corsica, Egypt and Italy.

The oil is extracted by the labour intensive method of enflourage, the labour costs further increased by the need to gather the flowers at night, as the odour is more powerful after dark due to changes in the plants internal chemistry. The flowers are picked and left for several days on cotton cloths soaked in olive oil. The flowers continue to release essential oil until all possible oil has been extracted. The olive oil is afterwards extracted with spirits leaving the true Jasmine essence. This makes the oil very expensive because of the enormous quantity of flowers need to produce a relatively small amount. The oil is a rich ruby colour, and has a heavy, long lasting floral aroma. The initial cost is offset by the fact that the essence is so concentrated that very little is needed in treatment. It is used in tiny amounts as too much can have an opposite effect to what is needed. It is also anti depressant, anti spasmodic, aphrodisiac. Folk tradition - A valuable uterine tonic, used for menstrual pain and cramps. It has been used as a massage oil on the abdomen in the early stages of labour to relieve pain and strengthen contractions and aid post natal recovery. For centuries it has had the reputation as an aphrodisiac, used for certain male disorders, helping with impotence and frigidity. Jasmine acts on the mental and emotional levels as well as the physical. It is good for relief of tension, anxiety and depression, and for any person who lacks confidence either in themselves or their ability to overcome immediate problems. As well as relaxing, Jasmine is often said to be 'warming' as it has a gentle and deeply penetrating effect which makes it an ideal massage oil. The English Physician Nicholas Culpeper 1652, described it as being 'good for hard and contracted limbs'. It is also a good remedy for catarrhal coughs and chest infections in general, and is a beautiful oil for use in skin care.

### AROMATHERAPY AN A-Z Bv Patricia Davis

### Charity Antiques Fair, Northwood House

**15<sup>th</sup> Oct 2006**

Doreen Gant and Jennie Lewis held their third annual tribute day Antiques Fair in loving memory of their Mum who died of MND in March 2002.

They raised over £1,600, which included a painting, donated by local artist John Calloway, which was auctioned off after the event.

A number of local sponsors helped support the event including:-Garbetts Chartered Certified Accountants, Northwood Garage, The Mobile Sign Service, BAE systems – Cowes Employees Charities Fund, Foresters Friendly Society, Southern Co-operatives Ltd and Medina Foodservices.

This year's event is already set for Sunday 14<sup>th</sup> October 2007.

### MND – HEARD IT ON THE RADIO

In response to recent comments made on Wave 105 Radio regarding people with shaker tins collecting for charity and actually getting paid for this is absurd.

We can assure you that all collections are carried out purely on a voluntarily basis. We rely heavily on donations and in these politically correct times we are governed by rules and regulations that mean we cannot shake our tins or actually approach people to ask for money – instead we stand and smile and sincerely appreciate the generosity of the general public for their support. One such collection raised just under £1,000 over a two day period. To put this into perspective, this amount could help towards buying a local sufferer one of the following:- A standard wheelchair - £1,000; Hoist to get in and out of the bath - £2,500; Communicator – to help the sufferer if their voice has failed - £2,500. Our thanks go to Wave 105 for putting our reply out on air.

**Newport Golf Club**

We are delighted to have been chosen by Newport Golf Club as their charity for the year – our thanks go to Priscilla Woodford.